



Cardiac Mibi Study Preparation Requirements

Total duration of study: 8 hours (for one day protocol, the study may be distributed into 2 days).

Scanning time: Two-part study (Stress and Rest). Patient and clinical specific.

Pregnancy: Contraindicated.

Breast feeding: Stopped for duration of scan up to 4 hours post scan. Mother is encouraged to express milk prior to study.

Intervention: Stress may be physiological (treadmill) or pharmacological (Adenosine).

Medication: B Blockers and other pace regulating/limiting medication to be stopped. Kindly have your clinician speak directly with Nuclear Physician for full preparation.

Biochemistry: None.

Other studies: Full record of Echo, stress ECG and angiogram required.

Diet: No caffeine or adrenergic stimulating diet. Eat as usual. Bring a snack for duration of study. Bring a fatty meal for study.

Allergy: None.

Hydration: Patient is encouraged to drink water prior and during study.