



I-123 MIBG Scan Preparation Requirements

Total duration of study: 48 hours.

Scanning time: Patient and clinical specific. Images at 4, 24 and 48 hours.

Pregnancy: Contraindicated.

Breast feeding: Stopped.

Medication: List of medication to be stopped. Kindly have your clinician speak directly with Nuclear Physician for full preparation.

Thyroid blockade: Due to radiopharmaceutical and free circulating iodine. Patient to be on Lugol's iodine 2 drops 3 times daily. (Advised to drink with milk or juice due to bitter taste). Begin 2 days prior to study and up to 3 days after administration.

Biochemistry: Rising specific tumor markers, metanephrine levels.

Diet: No caffeine or adrenergic stimulating diet. Eat as usual. Bring a snack for duration of study. The diet preparation will be sent to you once the scan has been booked.

Allergy: None.

Hydration: Patient is encouraged to drink water prior during study.