



## CT Chest Preparation Requirements

- You need to be nil per mouth for at least 6 hours prior to the procedure (i.e. no food or drink).
- U&E, creatinine and eGFR blood results need to be obtained prior to the booking.
- If you have any allergies, especially to iodine, or if you are pregnant, please inform the radiographer or medical secretary when you make your booking and before any scans are performed.
- Patients that are taking glucophage, metforman or a derivative of, usually stop their medication 24hrs before and after the CT examination. Please discuss with referring doctor.
- Your heart rate needs to be at an optimal level which may necessitate drugs being administered prior to the procedure.
- Nothing to eat or drink 6 hours prior to the procedure. History of allergy to iodine and pregnancy state must be communicated at time of booking.

## Procedure

- The average examination takes approximately 20 to 30 minutes. Depending on the indication for the scan, introduction of intravenous iodine - containing contrast medium may be required. You will be required to lie on your back on the CT table with your arms extended above your head.

## After Procedure

- Normal activities may be continued.